## **Total Control of TB**

# A vision for eradicating communicable disease

#### Who are we?

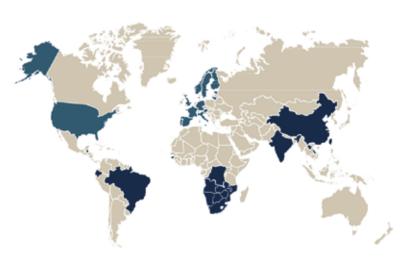
Humana People to People is an international network of 29 local NGOs working for the sustainable development of vulnerable communities, particularly from Sub-Saharan Africa, the Americas and Asia.

We engage in development work that combats epidemics, illiteracy, hunger and environmental challenges. Our members are local organisations in the countries they serve, facilitating deep, meaningful connections with people, communities, governments and other stakeholders.

We pioneered our flagship health programme Total Control of the Epidemic (TCE) in 2000 with a vision of ending HIV. TCE has proven to be a powerful model, helping countries move towards the global UNAIDS 95-95-95 targets to end AIDS by 2030.

Humana People to People members have built on this model to combat TB and support the World Health Organisation's global End TB Strategy.

Since 2018 we have reached over 15 million people with our TB projects, across 12 countries.



You may know HUMANA member organisations by the names of:







# **Our Tuberculosis Response**

Our Total Control of TB model integrates the full complement of TB services:

TB prevention and community education Active TB case screening, identification and diagnosis **Referral for TB treatment** Treatment adherence support until cure

Our TB projects are informed by our decades on the frontline of the fight against HIV and we integrate our approach to both diseases.

Our programmes recognise that all people living with HIV should be screened for TB and all people with TB should be tested for HIV.

Our specialism is bringing the local community and local or national health systems together, in areas with high rates of TB, HIV and drug resistant TB.

Our members' knowledge of working with vulnerable communities, often in hard-to-reach areas, is essential in TB prevention and treatment.

#### FIVE PILLARS OF OUR APPROACH



## **Promoting Universal Healthcare Coverage**

Humana People to People members tackle social and economic inequalities that make people vulnerable to TB. We aim to eliminate costs that prevent the most marginalised and vulnerable from accessing support and staying on treatment. We decentralise testing, going to remote locations to collect sputum or helping people get to their nearest health facility. And we help patients improve their nutrition by growing vegetable gardens. We also increase uptake of health services by addressing stigma, discrimination and lack of knowledge about the disease.



## **Building local community TB response networks**

Humana People to People members recruit and train local networks of volunteers to be a "community-driven united front", raising awareness, identifying presumptive cases and supporting treatment adherence. We engage former TB patients to raise awareness by sharing their experiences. Our members' community-based health workers and TB field officers play a vital role locally in identifying people with TB, encouraging up-take of diagnostic testing, helping patients to complete treatment, and gaining the participation of the wider community.



## **Engaging most-at-risk communities**

We prioritize reaching out to people living in remote and hard to reach geographical areas that lack access to public health services. Our members provide TB services at doorsteps, ensuring health access for all. We go for TB hot-spots – former and current mine workers, slums, homeless people and those living in poorly ventilated family dwellings as part of raising awareness for prevention, identifying active TB cases and engaging members of the community who are exposed to TB to gain control of the epidemic.



#### Supporting public health delivery systems

We support and co-operate with national public health institutions in promoting the right to better health. Together with our funding partners, Humana People to People members provide advanced TB equipment for public health facilities to increase accuracy in TB diagnosis, especially for the tough multi-drug resistant strains. We secure X-ray machines to increase TB detection in children, ensuring no one is left behind in the fight against TB. We also train health staff in using the technology.



## Integration of digital technology in fighting TB

We integrate innovative digital technology into our work. Humana People to People members promote community-led monitoring, democratise data collection and improve the capacity of health facilities. Working with local leaders and health facilities, our members train and empower health workers and others in the community to use mobile apps to collect vital information. This leads to better understanding of the barriers people face to accessing TB services. We use this information to advocate for improved services.



# Humana People to People is a go-to TB partner

The Humana People to People network's collective capacity to learn and adapt has been essential in meeting emerging TB needs.

Each of our members has access to our TB programme concepts, approaches and a pool of experienced personnel ready to provide implementation leadership for TB programmes.

We have implemented multi-regional TB programmes across southern Africa under a World Bank funded programme focusing on TB in Mining Areas.

Currently, we are implementing TB projects in Angola, Democratic Republic of the Congo, Guinea Bissau, India, Laos, Malawi, Mozambique, Namibia, South Africa, Zambia and Zimbabwe.